

BOOKS



Highly recommended

Nonviolent Communication: A Language of Life
Create Your Life, Your Relationships and Your World in Harmony
with Your Values, by Marshall B. Rosenberg, Ph.D.

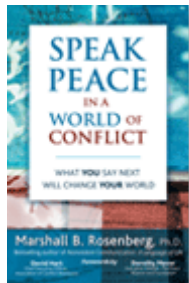
This book is a complete presentation of the process of NVC. Enjoy powerful and satisfying relationships in all areas of your life with this complete presentation. 240pp.



Highly recommended

Nonviolent Communication Companion Workbook
A Practical Guide for Individual, Group or Classroom Study, by
Lucy Leu

A 12-week curriculum for use in conjunction with Dr. Rosenberg's book (above). Contains exercises and activities, leader's guides, and hints for structuring and maintaining a practice group. This is the new edition of the workbook, and includes new material dealing with self-empathy. 210pp.



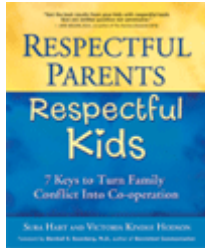
Speak Peace in a World of Conflict
What You Say Next Will Change Your World,
by Marshall B. Rosenberg, Ph.D.

Speak Peace is filled with inspiring stories, lessons and ideas drawn from over 40 years of mediating conflicts and healing relationships

in some of the most war torn, impoverished, and violent corners of the world. Speak Peace offers insight, practical skills, and powerful tools that will profoundly change your relationships and the course of your life for the better. 240pp.

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Highly recommended

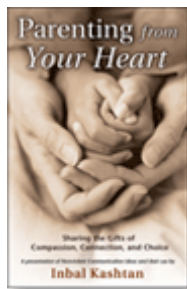
Respectful parents, Respectful Children
7 Keys to Turn Family Conflict into Co-operation
by Sura Hart and Victoria Kindle Hodson M.A.

Stop the Struggle! Find the Cooperation and Mutual Respect You Want!

Do more than simply correct bad behavior—finally unlock your parenting potential. Use this handbook to move beyond typical discipline techniques and begin creating an environment based on mutual respect, emotional safety, and positive, open communication. Respectful Parents, Respectful Kids offers 7 Simple Keys to discover the mutual respect and nurturing relationships you've been looking for. 252 pages

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Parenting from your Heart
Sharing the Gifts of Compassion, Connection and Choice
by Inbal Kashtan

Parents everywhere want to connect compassionately with their children, to show them love and offer guidance even in difficult moments. In this packed and practical booklet, Inbal Kashtan describes how the Nonviolent Communication (NVC) process can transform parenting to promote peace for generations to come. 48pp.

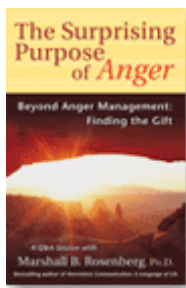
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Raising Children Compassionately
Parenting the Nonviolent Communication Way
by Marshall B. Rosenberg, Ph.D.

If you've searched for parenting tips to improve your family dynamics, you are not alone. This powerful, practical booklet offers the unique skills and perspective of Nonviolent Communication (NVC). While other parenting resources offer communication models or discipline techniques, NVC stresses the importance of putting compassionate connection first. 32pp.



The Surprising Purpose of Anger
Beyond Anger Management: Finding the Gift
by Marshall B. Rosenberg, Ph.D.

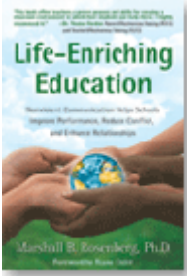
Rather than managing your anger by suppressing your feelings or blasting someone with your judgments, Marshall Rosenberg shows you how to use anger to discover what you need, and then how to meet your needs in constructive ways. 48pp



The Compassionate Classroom
Relationship Based Teaching and Learning
by Sura Hart and Victoria Kindle Hodson M.A.

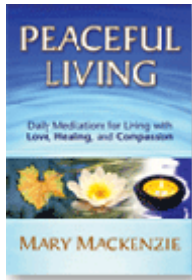
**Highly
recommended**

The Compassionate Classroom is a long awaited how-to guide for educators who care about creating a safe, productive learning environment. With 45 years combined teaching experience, Sura Hart and Victoria Kindle Hodson merge recent discoveries in brain research with the proven skills of Nonviolent Communication and come to a bold conclusion—when compassion thrives, so does learning. 208pp



Life Enriching Education
NVC Helps Schools Improve Performance, Reduce Conflict and
Enhance Relationships
by Marshall B. Rosenberg, Ph.D.

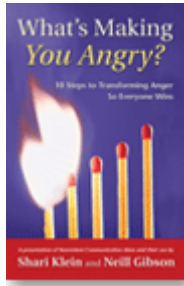
In this gathering of wisdom, Mary Mackenzie empowers you with an intimate life map that will literally change the course of your life for the better. Each of the 366 meditations includes an inspirational quote and concrete, practical tips for integrating the daily message into your life. The learned behaviors of cynicism, resentment, and getting even are replaced with the skills of Nonviolent Communication, including recognizing one's needs and values and making choices in alignment with them. 192pp



Peaceful Living
Daily Meditations for Living with Love, Healing and Compassion,
by Mary Mackenzie

In this gathering of wisdom, Mary Mackenzie empowers you with an intimate life map that will literally change the course of your life for the better. Each of the 366 meditations includes an inspirational quote and concrete, practical tips for integrating the daily message into your life. The learned behaviors of cynicism, resentment, and getting even are replaced with the skills of Nonviolent Communication, including recognizing one's needs and values and making choices in alignment with them. 390pp

BOOKLETS



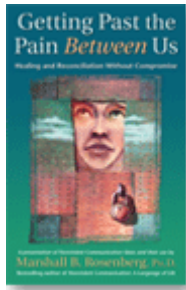
What's Making you Angry?
10 Steps to Transforming Anger So Everyone Wins
by Shari Klein and Neill Gibson

In this concise booklet, you'll learn to view anger as a life-enriching emotion that can wake us up to what we need and value. Neill Gibson and Shari Klein offer a powerful, step-by-step approach to transform anger to find healthy, mutually satisfying outcomes. 32pp.



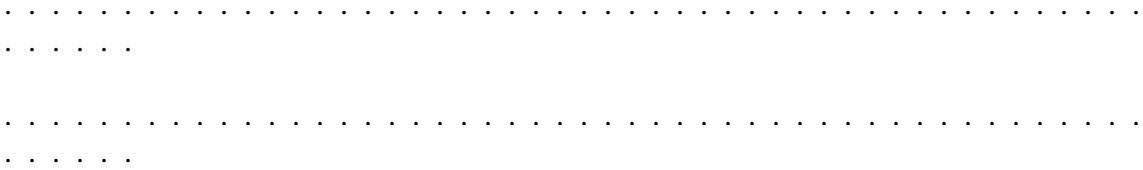
Teaching Children Compassionately
How Students and Teachers Can Succeed
with Mutual Understanding
by Marshall B. Rosenberg, Ph.D.

In this keynote address to a national conference of Montessori educators, Marshall Rosenberg describes his progressive, radical approach to teaching that centers on compassionate connection. Marshall describes the role that power and punishment play in our schools, and challenges educators to motivate students instead "by a reverence for life." 48pp



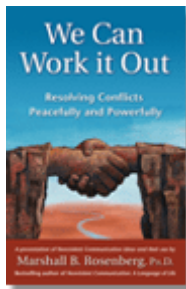
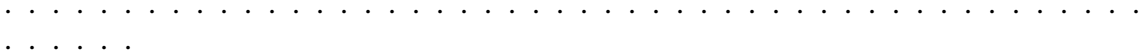
Getting Past the Pain Between Us
Healing and Reconciliation Without Compromise
by Marshall B. Rosenberg, Ph.D.

Transform emotional pain, depression, shame, and conflict into empowering connections. Rosenberg shares that behind all emotional pain are unmet needs. He provides simple steps to create the heartfelt presence necessary for healing to occur. Learn how to transform your relationships, and find satisfying reconciliation, by moving beyond pain to a place of clear, honest communication. 48pp



The Heart of Social Change
How You Can Make a Difference in Your World
by Marshall B. Rosenberg, Ph.D.

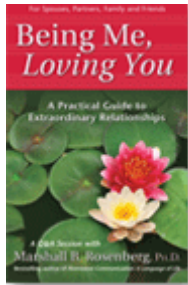
From the manner in which we communicate, to the intention we bring to every interaction, to the organizational structures we support, social change "begins with me." This is an excellent resource for activists, community leaders and anyone who wants to make a difference in the world. 45 pp.



We can Work it Out
Resolving Conflicts Peacefully and Powerfully
by Marshall B. Rosenberg, Ph.D.

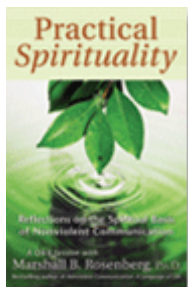
Most of us lack the vocabulary to express what we're feeling or needing, leading us to point fingers at someone as the "cause" of our

pain. When people sense that their feelings and needs are valued—and heard—it immediately helps reduce tension and hostility, opening the door for peaceful resolution. NVC inspires genuine cooperation by focusing on the unmet needs behind the conflict. 32pp



Being me Loving you
A Practical Guide to Extraordinary Relationships
by Marshall B. Rosenberg, Ph.D.

Many of us think of love as a strong emotion, a feeling we have for another person. Marshall Rosenberg's Nonviolent Communication helps us take a wholly different and life-enriching approach to love. Love is something you "do," something you give freely from the heart. Learn how to express yourself nakedly and honestly to your partner, friends, or family, for no other purpose than to reveal what's present or alive in you. 80pp



Practical Spirituality
Reflections on the Spiritual Basis of Nonviolent Communication
by Marshall B. Rosenberg, Ph.D.

According to Marshall Rosenberg, Ph.D., our most basic spiritual need is to contribute to the well being of others and ourselves. His brief, unscripted reflections on the spiritual basis of Nonviolent Communication (NVC) will inspire you not only to connect with the Divine in yourself and others, but to begin to create a world of empathy and compassion, where the language we use is the key to enriching life. Discover an intensely satisfying and joyful spiritual experience that begins with you. In these rich pages, learn how NVC can help you achieve a more practical, applied spirituality. 48pp.
